



SINDON'S
BAR & RESTAURANT



PALMERSTOWN
HOUSE ESTATE

JOHNSTOWN, CO. KILDARE



COMER GROUP
HOTELS

Palmerstown House Estate
Naas Co. Kildare
W91 FK10
(045) 906 901
events@palmerstownhouse.ie



A bit of history.....

Sindon was a British-bred, Irish-trained Thoroughbred racehorse owned by Mrs. Anne Bullitt-Biddle

Anne enjoyed much success and fame in Ireland as a horse owner, breeder and trainer. She made history when becoming the first woman in Ireland to be granted a racehorse trainers licence. She was the champion owner in Ireland in 1958 when her colt Sindon won the premier Irish classic race, The Irish Derby. He also finished second in two other classic races, the Irish 2000 Guineas and the Irish St Leger.

After his retirement from racing, Sindon stood as a breeding stallion in Europe, the United States and Japan.

Mrs. Biddle established Palmerstown Stud near Naas in 1965, now know as Palmerstown House Estate



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Breakfast Menu

Served Daily until 12.30pm

Sindons Full Irish €14.95

*2 Sausage, 2 Bacon, Eggs, Tomato, Mushroom, Pudding,
Hash Brown, Baked Beans, Toast*

(1(W),3,6,7,10,12)

Vegetarian Breakfast €11.50

*2 Eggs, Grilled Tomato, Mushroom, Spiced Avocado,
Hash Brown, Toast*

(1(W),3,6,7)

Poached Eggs on Sourdough €12.50

2 Poached Eggs, Spiced Avocado, 2 Bacon

(1(W,R),3,12)

Golfers Bap €9.50

Bacon, Egg & Sausage

(1(W),3,7,12)

Smoked Salmon €11.00

*3 Eggs Scrambled, Grilled Irish Smoked Salmon
Rocket, Soda Bread*

(1(W),3,4,12)

Starters

Soup of the Day €8.00

Traditional Soda Bread

(1(W),3,7)

Homemade Chicken liver Pate €13.50

Sweet Orange Marmalade, Crisp

Artisan Sourdough

(1(W),7,12)

Tiger Prawn & Pil Pil €14.00

Garlic & Chili Infused Butter, Crisp Sourdough

(1(W,R),2,6)

Creamy Seafood Chowder €13.95

*A Rich, Chunky Soup Made with the Freshest
Local Catch, Tender Root Veggies and Fresh Herbs*

(1(W),2,4,7,10,12)

Glazed Whole Chicken Wings €12.50/€17.50 Lrg

House Hot Sauce or Korean BBQ, Blue Cheese Dip

(3,7,10)

Old School Favourites

Chicken & Mushroom Vol au Vent €9.95

Tender Chicken Strips in a Creamy Mushroom Velouté

Crisp Puff Pastry Shell

(1(W),3,7,12)

Classic Prawn Cocktail €10.95

Plump Atlantic Prawns, Crisp Gem Lettuce, Maire Rose Sauce,

Traditional Soda Bread

(1(W),2,3,4,7,10)

Toasted Ham & Cheese €9.00

Baked Ham, Dubliner Cheese

(1(W),3,6,7)

BLT €9.00

Bacon, Lettuce, Tomato

(1(W),3,6)

Sandwiches and Salads

Caesar Salad €15.50

Crisp Gem Lettuce, Poached Chicken, Crisp Streaky Bacon,

Garlic Crostini, House Caesar Dressing

(1(W,R),3,4,7,10)

6oz Steak Sandwich €24.95

Hereford Sirloin, Chimichurri, Rocket, Crispy Onions, Rustic

Ciabatta

(1(W),12)

Grilled Chicken, Chorizo &

Mozzarella Melt

€13.95

Red Pepper Romesco, Rocket, Crisp Sourdough

(1(W),7,12)

Crispy Duck & Orange Salad €17.95

Roasted Crispy Duck Meat with Fresh Orange Segments,

Dried Cranberries, Rocket & Cress and a Bright Citrus

Dressing

(10)

Classics

Brians Homemade 8oz Beef Burger €20.95
*Toasted Brioche Bun, Lettuce, Tomato, Relish, Streaky Bacon
Jalapeños, Dubliner Cheese*
(1(W),3,7,12)

Buttermilk Spiced Chicken Burger €20.95
*Toasted Brioche Bun, Homemade Slaw, Pickle Cucumber,
Siracha Mayo Streaky Bacon, Dubliner Cheese*
(1(W),3,7,10,12)

Palmerstown's Battered Fish & Chips €20.95
House Tartar Sauce, Mushy Peas & Chips
(1(W),3,4,10)

Mains

Braised Beef & Vegetable Casserole €23.95
Slow-Cooked Tender Beef, Seasonal Root Vegetables, Sweet Pearl
Onions Simmered in a Rich, Savory Red Wine and Herb Jus
(7,12)

Oriental Vegetable Stir-Fry €15.95
Onion, Bell Pepper, Courgette, Carrot, Spring Onion
Soy, Chilli & Ginger Sauce, Long Grain Rice
(6,7,12)
Add Protein: Chicken €4.50
Prawns (4) €4.50

Roast Cauliflower Steak €16.95
Celeriac Puree, Roasted Red Pepper Coulis, Toasted Almonds
Chimichurri
(7,8(A),12)

Pan-Seared Sea Bass €21.95
Crispy-Skinned Sea Bass Fillet Served Over a Rich, Smoky Chorizo
and Mixed Bean Cassoulet
(1(W),4,12)

Sides

Chips (12) €4.00
Mashed Potato (7) €4.00
Sautéed Onions & Mushrooms (10) €5.50
Homemade Pepper Sauce (9,10) €2.50
Homemade Gravy (9,10) €2.50
Dips (3,7,9,10) €2.00
Garlic, Blue Cheese, Hot Sauce

Sweets

Warm Winter Apple & Berry Crumble €8.50
Custard & Vanilla Ice-Cream
(1(W),3,7)

Individual Tiramisu €8.50
Layers Of Delicate Ladyfingers, Rich Espresso, Velvety Mascarpone Cheese, And A Dusting of Cocoa
(1(W),3,6,7)

Warm Decadent Chocolate Brownie €8.50
Vanilla Ice Cream & Chocolate Sauce
(1(W),3,6,7)

Neapolitan Style Ice-Cream Gateaux €8.50
Layers Of Vanilla, Chocolate & Strawberry Ice-Cream on a Crisp Biscuit Base
(1(W),3,7)

Children's Menu

Goujons & Chips (1(W),12) €9.00
Sausages & Chips (1(W),12) €9.00
Mini Fish & Chips (1(W),4) €10.00
Kids Cheeseburger & Chips (1(W),7) €10.00
Pan Fried Chicken Breast €10.00
Mash, Vegetables & Gravy (9,7,10,12)

Children's Dessert

Jelly & Ice Cream (7) €3.50
Kids Brownie & Ice Cream (1(W),3,6,7) €4.50

Allergen Information:

1=Cereals (W=Wheat O=Oat R=Rye) 2=Crustaceans 3=Eggs
4=Fish 5=Peanuts 6=Soybeans 7=Milk 8=Nuts (A=Almond
P=Pecan W=Walnut) 9=Celery 10=Mustard 11=Sesame
Seeds 12=Sulphur Dioxide 13=Lupins 14=Molluscs
15=Cashew Nuts