



SINDON'S
BAR & RESTAURANT



PALMERSTOWN
HOUSE ESTATE

JOHNSTOWN, CO. KILDARE



COMER GROUP
HOTELS

Palmerstown House Estate
Naas Co. Kildare
W91 FK10
(045) 906 901
events@palmerstownhouse.ie



A bit of history.....

Sindon was a British-bred, Irish-trained Thoroughbred racehorse owned by Mrs. Anne Bullitt-Biddle

Anne enjoyed much success and fame in Ireland as a horse owner, breeder and trainer. She made history when becoming the first woman in Ireland to be granted a racehorse trainers licence. She was the champion owner in Ireland in 1958 when her colt Sindon won the premier Irish classic race, The Irish Derby. He also finished second in two other classic races, the Irish 2000 Guineas and the Irish St Leger.

After his retirement from racing, Sindon stood as a breeding stallion in Europe, the United States and Japan.

Mrs. Biddle established Palmerstown Stud near Naas in 1965, now know as Palmerstown House Estate



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Breakfast Menu

Served Daily until 12.30pm

Sindons Full Irish €14.95

*2 Sausage, 2 Bacon, Eggs, Tomato, Mushroom, Pudding,
Hash Brown, Baked Beans, Toast
(1,3,7,10)*

Vegetarian Breakfast €10.50

*2 Eggs, Grilled Tomato, Mushroom, Spiced Avocado,
Hash Brown, Toast
(1,3,7)*

Poached Eggs on Sourdough €12.50

*2 Poached Eggs, Spiced Avocado, 2 Bacon
(1,3,12)*

Golfers Bap €8.50

*Bacon, Egg & Sausage
(1,3,7,12)*

Smoked Salmon €10.50

*3 Eggs Scrambled, Grilled Irish Smoked Salmon
Rocket, Soda Bread
(1,3,4,12)*

Bar Bites

Loaded Fries €8.50

*Smoked Bacon, Garlic Mayo, Cheese
(3,12)*

Crispy Boneless Pork Bites €8.50

*Tossed in Sticky BBQ Sauce
(10,12)*

Homemade Nachos & Dips €8.00

*Roasted Red Pepper Hummus & Spiced Guacamole
(1)*

Soup of the Day €8.00

*Traditional Soda Bread
(1,3,7)*

Light Bites

Glazed Whole Chicken Wings €12.50
House Hot Sauce, Blue Cheese Dip Lrg €17.50
(3)

Tiger Prawn & Chorizo Pil Pil €14.00
Garlic & Chili Infused Butter, Crisp Sourdough
(1,2,6)

Warm Tart Tatan €12.50
Filled with Beetroot & Blue Cheese, Balsamic Glaze
(1,3,7)

Crisp Potato Hash €13.50
Sauteed Baby Potatoes, Crisp Bacon, Spinach, Cheese & Poached Egg
(3)

OR
Sauteed Baby Potatoes, Smoked Salmon Scallion, Spinach & Poached Egg
(3,4)

Caesar Salad €15.50
Crisp Gem Lettuce, Poached Chicken, Crisp Bacon Lardons, House Caesar Dressing
(1,3,4,10)

Sindon's Summer Salad €14.00
Baby Spinach, Beetroot, Cherry Tomato, Red Onion, Feta Cheese, Sunflower Seeds, Honey Mustard Dressing
(10)

House Special €12.50
Poached Ham Hock, Red Onion Compote, Beef Tomato, Smoked Cheese, Toasted Sourdough
(1,3)

Open Grilled Chicken €12.95
Guacamole, Pineapple & Chili Salsa
(1,3)

Wild Mushroom Florentine €12.95
Herb Pesto Cream, Poached Egg, Truffle Oil, Sourdough
(1,3,10)

Warm Roast Beef Sandwich €12.95
Bloomer, Wholegrain Mustard Mayo, Rocket & Tomato

Burgers

Brians Double Beef Burger €20.95
Two 4oz Patty's, Ballymaloe Relish, Rocket, Dubliner Cheese, Smoked Bacon Jam (1,3,7,12)

Buttermilk Spiced Chicken Burger €20.95
Creamy Beet Slaw, Chilli & Lime Aioli (1,3,7,12)

Palmerstown Fillet of Fish Sandwich €16.95
Battered Hake, Crisp Lettuce, Tomato, Lemon & Lime May, Brioche Bap (1,3,4,7,12)

Mains

Palmerstown's Battered Fish & Chips €20.95
House Tartar Sauce, Mushy Peas & Chunky Chips

8oz Ribeye Steak €30.00
Grilled Asparagus, Vine Tomato, Pepper Sauce, Chips or Mash (10,12)

Rogan Josh €17.00
Tomato Based, Ginger & Garlic Masala Curry from the Kashmir Region, Basmati Rice & Naan Bread.
Add Chicken €3.00 Add Prawns €4.00
(1,4)

Vegetarian Linguine €16.50
Fresh Herb Pesto, Garden Peas, Asparagus, Vine Tomato & Parmesan Cheese (1,3,8,10)

Sides

Chips (Skinny or Chunky) €4.00

Mashed Potato €4.00

Tossed Salad in House Dressing €4.50

Sauteed Onions & Mushrooms €5.50

Homemade Pepper Sauce €2.50

Homemade Gravy €2.50

Dips €2.00
Garlic, Blue Cheese, Hot Sauce

Sweets

Warmed Rustic apple Pie <i>Vanilla Ice-Cream (1,3,7)</i>	€8.50
Sticky Toffee Pudding <i>Salted Caramel ice Cream (1,3,7,8)</i>	€8.50
Cheesecake of the Day <i>Fruit Coulis & Ice Cream (1,3,7)</i>	€8.50
Selection of Ice Cream <i>(1,3,6,12)</i>	€7.50
Warm Chocolate Gateaux <i>Vanilla Ice Cream (1,3,7)</i>	€8.50

Children's Menu

Goujons & Chips (1)	€9.00
Sausages & Chips (1,2)	€9.00
Mini Fish & Chips (1,4)	€10.00
4oz Cheeseburger & Chips (1,3,7)	€10.00
Pan Fried Chicken Breast <i>Mash, Vegetables & Gravy (9,10)</i>	€10.00

Children's Dessert

Jelly & Ice Cream (7)	€3.50
Kids Brownie & Ice Cream (1,3,7)	€4.50

Allergen Information:

1=Cereals 2=Crustaceans 3=Eggs 4=Fish 5=Peanuts 6=Soybeans
7=Milk 8=Nuts 9=Celery 10=Mustard 11=Sesame Seeds
12=Sulphur Dioxide 13=Lupins 14=Molluscs