



SINDON'S
BAR & RESTAURANT



PALMERSTOWN
HOUSE ESTATE

JOHNSTOWN, CO. KILDARE



COMER GROUP
HOTELS

Palmerstown House Estate
Naas Co. Kildare
W91 FK10
(045) 906 901
events@palmerstownhouse.ie



A bit of history.....

Sindon was a British-bred, Irish-trained Thoroughbred racehorse owned by Mrs. Anne Bullitt-Biddle

Anne enjoyed much success and fame in Ireland as a horse owner, breeder and trainer. She made history when becoming the first woman in Ireland to be granted a racehorse trainers licence. She was the champion owner in Ireland in 1958 when her colt Sindon won the premier Irish classic race, The Irish Derby. He also finished second in two other classic races, the Irish 2000 Guineas and the Irish St Leger.

After his retirement from racing, Sindon stood as a breeding stallion in Europe, the United States and Japan.

Mrs. Biddle established Palmerstown Stud near Naas in 1965, now known as Palmerstown House Estate



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Breakfast Menu

Served Daily until 12.30pm

Sindons Full Irish €14.95

*2 Sausage, 2 Bacon, Eggs, Tomato, Mushroom, Pudding,
Hash Brown, Baked Beans, Toast
(1(W),3,7,10,12)*

Vegetarian Breakfast €10.50

*2 Eggs, Grilled Tomato, Mushroom, Spiced Avocado,
Hash Brown, Toast
(1(W),3,7)*

Poached Eggs on Sourdough €12.50

*2 Poached Eggs, Spiced Avocado, 2 Bacon
(1(W,R),3,12)*

Golfers Bap €8.50

*Bacon, Egg & Sausage
(1(W),3,7,12)*

Smoked Salmon €10.50

*3 Eggs Scrambled, Grilled Irish Smoked Salmon
Rocket, Soda Bread
(1(W),3,4,12)*

Sindons French Toast €11.00

*Sourdough, Crisp Bacon, Boyne Valley Honey
(1(W)3,7)*

Light Bites

Soup of the Day €8.00

*Traditional Soda Bread
(1(W),3,7)*

Glazed Whole Chicken Wings €12.50

*House Hot Sauce, Blue Cheese Dip
(3,7,10)*

Tiger Prawn & Pil Pil €14.00

*Garlic & Chili Infused Butter, Crisp Sourdough
(1(W,R),2,6)*

Oak Smoked Salmon €13.00

*Pickled Cucumber, Radish, Dill, Lemon & Lime Crème Fresh.
(4,7)*

Tournafulla Black Pudding Hash €13.50

*Salted Baked Potato Skins, Cherry Tomato, Red Onion,
Poached Egg Hollandaise Sauce
(1,2(W),3,7,12)*

Sandwiches and Salads

Caesar Salad €15.50

Crisp Gem Lettuce, Poached Chicken, Crisp Bacon Lardons, Croutons, House Caesar Dressing (1(W,R),3,4,7,10)

Celeriac & Apple Salad €10.50

Shredded Celeriac, Apple, French Beans, Carrot, Red Onion, Feta Cheese, Toasted Walnuts, Poppy Seed Dressing (8(W))

Hot Joint Sandwich €14.95

Roast Beef, Horseradish Mayonnaise, Crisp Gem Lettuce, Bloomer Bread (1(W)3,7)

Sindon's Festive Sandwich €14.50

Baked Ham, Roast Turkey, Herb Stuffing, Cranberry Mayonnaise (1(W)3,7,10)

Mains

Roast Striploin Of Irish Beef €23.00

Red Wine Jus, Seasonal Vegetables, Potatoes, Homemade Yorkshire Pudding (1(W),3,7,10,12)

Traditional Roast Turkey & Ham €20.95

Herb Stuffing, Cranberry Jus, Seasonal Vegetables & Potatoes (1(W),3,7,9,10,12)

Pan Roast Darne of Atlantic Salmon €22.00

Sautéed Artichoke Hearts, French, Beans, Almonds & Hollandaise Sauce (3,4,7,8(A))

Brians Homemade Beef Burger €20.95

Toasted Brioche Bun, Lettuce, Tomato, Spiced Ketchup, Streaky Bacon, Dubliner Cheese (1(W),3,7,12)

Buttermilk Spiced Chicken Burger €20.95

Toasted Brioche Bun, Lettuce, Tomato, Pickled Cucumber, Hot Sauce, Dubliner Cheese (1(W),3,7,10,12)

Braised Lamb Shank €29.95

Red Wine Jus, Creamed Mash, Sautéed Sprouts & Smoked Bacon (7,9,10,12)

Palmerstown Battered Fish & Chips €20.95

House Tartar Sauce, Mushy Peas & Chunky Chips (1(W)3,4,10)

Asian Style Vegetarian Stir Fry €16.50

Tossed in Garlic, Ginger, Soy & Chilli Sauce, Boiled Rice/Egg Noodles (1(W)3,6,11,12)

Sides

Chips (Skinny or Chunky) (12)	€4.00
Mashed Potato (7)	€4.00
Tossed Salad in House Dressing (12)	€4.50
Homemade Gravy (9,10)	€2.50
Dips (3,7,9,10)	€2.00
Garlic, Blue Cheese, Hot Sauce	

Sweets

Warmed Rustic apple Pie <i>Vanilla Ice-Cream (1(W),3,7)</i>	€8.50
Christmas Pudding <i>Custard & Cream (1(W),3,6,8(A)Barley)</i>	€8.50
Cheesecake of the Day <i>Fruit Coulis & Ice Cream (1(W),3,7)</i>	€8.50
Selection of Ice Cream(1,3,6,7,12) <i>Crisp Tuile Basket, Butterscotch Sauce</i>	€7.50
Traditional Fruit Trifle <i>Fruit Cocktail, Custard & Cream (1(W)3,7)</i>	€8.50

Children's Menu

Goujons & Chips (1(W),12)	€9.00
Sausages & Chips (1(W),2,12)	€9.00
Mini Fish & Chips (1(W),4)	€10.00
4oz Cheeseburger & Chips (1(W),3,7,12)	€10.00
½ Roast Dinner <i>Mash, Vegetables & Gravy (7,9,10)</i>	€12.50

Children's Dessert

Jelly & Ice Cream (7)	€3.50
Kids Brownie & Ice Cream (1(W),3,7)	€4.50

Allergen Information:

1=Cereals (W=Wheat O=Oat R=Rye) 2=Crustaceans 3=Eggs 4=Fish
5=Peanuts 6=Soybeans 7=Milk 8=Nuts (A=Almond P=Pecan
W=Walnut) 9=Celery 10=Mustard 11=Sesame Seeds 12=Sulphur
Dioxide 13=Lupins 14=Molluscs 15=Cashew Nuts