



SINDON'S
BAR & RESTAURANT



PALMERSTOWN
HOUSE ESTATE

JOHNSTOWN, CO. KILDARE



COMER GROUP
HOTELS

Palmerstown House Estate
Naas Co. Kildare
W91 FK10
(045) 906 901
events@palmerstownhouse.ie



A bit of history.....

Sindon was a British-bred, Irish-trained Thoroughbred racehorse owned by Mrs. Anne Bullitt-Biddle

Anne enjoyed much success and fame in Ireland as a horse owner, breeder and trainer. She made history when becoming the first woman in Ireland to be granted a racehorse trainers licence. She was the champion owner in Ireland in 1958 when her colt Sindon won the premier Irish classic race, The Irish Derby. He also finished second in two other classic races, the Irish 2000 Guineas and the Irish St Leger.

After his retirement from racing, Sindon stood as a breeding stallion in Europe, the United States and Japan.

Mrs. Biddle established Palmerstown Stud near Naas in 1965, now know as Palmerstown House Estate



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Breakfast Menu

Served Daily until 12.30pm

Sindons Full Irish €14.95
*2 Sausage, 2 Bacon, Eggs, Tomato, Mushroom, Pudding,
Hash Brown, Baked Beans, Toast*
(1(W),3,7,10,12)

Vegetarian Breakfast €10.50
*2 Eggs, Grilled Tomato, Mushroom, Spiced Avocado,
Hash Brown, Toast*
(1(W),3,7)

Poached Eggs on Sourdough €12.50
2 Poached Eggs, Spiced Avocado, 2 Bacon
(1(W,R),3,12)

Golfers Bap €8.50
Bacon, Egg & Sausage
(1(W),3,7,12)

Smoked Salmon €10.50
3 Eggs Scrambled, Grilled Irish Smoked Salmon
Rocket, Soda Bread
(1(W),3,4,12)

Starters

Soup of the Day €8.00
Traditional Soda Bread
(1(W),3,7)

Tomato & Mozzarella Arancini €13.00
Tomato Sauce, Basil Oil, Rocket, Parmesan
(1,3,7,10,12)

Tiger Prawn & Pil Pil €14.00
Garlic & Chili Infused Butter, Crisp Sourdough
(1(W,R),2,6)

Tian of Buffalo Mozzarella & Heirloom Tomato €12.50
Macroom Buffalo Mozzarella, Heirloom Tomato
Basil Pesto, Balsamic Glaze
(7,12)

Bar Bites

Glazed Whole Chicken Wings €12.50/€17.50 Lrg
House Hot Sauce or Korean BBQ, Blue Cheese Dip
(3,7,10)

Loaded Fries €10.00

1. Cheese & Bacon (7,12)
2. Hot Sauce & Blue Cheese (7,12)
3. Garlic & Parmesan (7,12)

Meatballs €10.00

Beef Meatballs, Spiced Tomato Sauce
(7,12)

Sandwiches and Salads

Caesar Salad €15.50

*Crisp Gem Lettuce, Poached Chicken, Crisp Streaky Bacon,
Garlic Crostini, House Caesar Dressing*
(1(W,R),3,4,7,10)

Budda Bowl €14.00

*Pickled Red Cabbage, Lemon & Lime Cous Cous, Grated
Carrot, Chickpeas, Cucumber*
(12)

Thai Style Salad €14.00

*Mango, Red Onion, Peppers, Spring Onion,
Mint, Coriander, Chilli & Lime Dressing*

Add Protein: Chicken €4.00

Prawns €4.50 (2)

Falafel €3.00 (1)

Grilled Reuben Sandwich €14.50

*Corned Beef, Sauerkraut, Swiss Cheese, Russian Dressing
Bretzel Bread*
(1(W),3,7,12)

Pulled BBQ Pork Ciabatta €14.50

Crusty Ciabatta, Pickled Red Cabbage, Onions, BBQ Dip
(1(w),3,12)

Grilled Chicken & Bacon €13.50

Spiced Mayo, Avocado Puree, Hot Honey, Sourdough
(1(W),3,10)

Classics

- Brians Homemade 8oz Beef Burger €20.95
*Toasted Brioche Bun, Lettuce, Tomato, Relish, Streaky Bacon
Jalapeños, Dubliner Cheese*
(1(W),3,7,12)
- Grilled Piri Piri Chicken Burger €20.95
*Toasted Brioche Bun, Lettuce, Tomato, Relish, Streaky Bacon
Jalapeños, Dubliner Cheese*
(1(W),3,7,12)
- Palmerstown's Battered Fish & Chips €20.95
House Tartar Sauce, Mushy Peas & Chunky Chips
(1(W),3,4,10)

Mains

- 8oz Sirloin Steak €36.95
*Portobello Mushroom, Sauté Onion, Confit Garlic,
Pepper Sauce*
(10,12)
- Pan-fried Fillet of Sea Bass €21.95
*Courgette & Aubergine Lasagna, Fondant Potato
Basil Pesto*
(4,7)
- Conchiglie Frutti Di Mare €20.95
Seafood Pasta, Chilli & Garlic Cream
(1(w),2,3,4,7)
- Chicken Tikka Masala €18.95
*Tomato Based Indian Style Curry
Long Grain Rice & Naan Bread*
(1(w),7,8(A),10)
- Salt Baked Aubergine €16.95
Spiced Chickpea Ragout
(12)

Sides

- Chips (Skinny or Chunky) (12) €4.00
Mashed Potato €4.00
Sautéed Onions & Mushrooms (10) €5.50
Homemade Pepper Sauce (9,10) €2.50
Homemade Gravy (9,10) €2.50
Dips (3,7,9,10) €2.00
Garlic, Blue Cheese, Hot Sauce

Sweets

Warmed Rustic Apple Pie <i>Vanilla Ice-Cream (1(W),3,7)</i>	€8.50
Sticky Toffee Pudding <i>Salted Caramel Ice-Cream (1(W)3,7)</i>	€8.50
Cheesecake of the Day <i>Fruit Coulis & Ice-Cream (1(W)3,7)</i>	€8.50
Chocolate Gateaux <i>Vanilla Ice-Cream (1(W)3,7)</i>	€8.50
Selection of Ice Cream <i>(1,3,6,7,12)</i>	€7.50

Children's Menu

Goujons & Chips <i>(1(W),12)</i>	€9.00
Sausages & Chips <i>(1(W),2,12)</i>	€9.00
Mini Fish & Chips <i>(1(W),4)</i>	€10.00
Kids meatballs & pasta, tomato sauce	€10.00
Pan Fried Chicken Breast <i>Mash, Vegetables & Gravy (9,10)</i>	€10.00

Children's Dessert

Jelly & Ice Cream <i>(7)</i>	€3.50
Kids Brownie & Ice Cream <i>(1(W),3,7)</i>	€4.50

Allergen Information:

1=Cereals (*W=Wheat O=Oat R=Rye*) 2=Crustaceans 3=Eggs
4=Fish 5=Peanuts 6=Soybeans 7=Milk 8=Nuts (*A=Almond
P=Pecan W=Walnut*) 9=Celery 10=Mustard 11=Sesame
Seeds 12=Sulphur Dioxide 13=Lupins 14=Molluscs
15=Cashew Nuts