



SINDON'S
BAR & RESTAURANT



PALMERSTOWN
HOUSE ESTATE

JOHNSTOWN, CO. KILDARE



COMER GROUP
HOTELS

Palmerstown House Estate
Naas Co. Kildare
W91 FK10
(045) 906 901
events@palmerstownhouse.ie



A bit of history.....

Sindon was a British-bred, Irish-trained Thoroughbred racehorse owned by Mrs. Anne Bullitt-Biddle

Anne enjoyed much success and fame in Ireland as a horse owner, breeder and trainer. She made history when becoming the first woman in Ireland to be granted a racehorse trainers licence. She was the champion owner in Ireland in 1958 when her colt Sindon won the premier Irish classic race, The Irish Derby. He also finished second in two other classic races, the Irish 2000 Guineas and the Irish St Leger.

After his retirement from racing, Sindon stood as a breeding stallion in Europe, the United States and Japan.

Mrs. Biddle established Palmerstown Stud near Naas in 1965, now know as Palmerstown House Estate



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Breakfast Menu

Served Daily until 12.30pm

Sindons Full Irish €14.95
*2 Sausage, 2 Bacon, Eggs, Tomato, Mushroom, Pudding,
Hash Brown, Baked Beans, Toast*
(1(W),3,7,10,12)

Vegetarian Breakfast €10.50
*2 Eggs, Grilled Tomato, Mushroom, Spiced Avocado,
Hash Brown, Toast*
(1(W),3,7)

Poached Eggs on Sourdough €12.50
2 Poached Eggs, Spiced Avocado, 2 Bacon
(1(W,R),3,12)

Golfers Bap €8.50
Bacon, Egg & Sausage
(1(W),3,7,12)

Smoked Salmon €10.50
*3 Eggs Scrambled, Grilled Irish Smoked Salmon
Rocket, Soda Bread*
(1(W),3,4,12)

Starters

Soup of the Day €8.00
Traditional Soda Bread
(1(W),3,7)

Glazed Whole Chicken Wings €12.50/€17.50 Lrg
House Hot Sauce or Korean BBQ, Blue Cheese Dip
(3,7,10)

Tiger Prawn & Pil Pil €14.00
Garlic & Chili Infused Butter, Crisp Sourdough
(1(W,R),2,6)

Smoked Salmon & Beetroot Carpaccio €14.50
Rocket, Orange Segment, Horseradish Cream,
(4,7,10)

Poached Pear €12.50
Herb & Garlic Goats Cheese, Rocket & Candied Walnuts
(3,7,8(W)12)

Sandwiches and Salads

Caesar Salad €15.50

Crisp Gem Lettuce, Poached Chicken, Crisp Streaky Bacon, Garlic Crostini, House Caesar Dressing

(1(W,R),3,4,7,10)

Sindon's Spring Salad €13.50

Avocado, Cherry Tomato, Cashew Nuts, Spinach, Beetroot, Rocket, Honey Mustard Dressing

Add Chicken €3.50

Add Prawns €4.00

(2,6,10,15)

Toasted Special €14.50

Honey Baked Ham, Ballymaloe Relish, Caramelized Onions, Beef Tomato & Brie, Sourdough

(1(W),7,10)

Grilled Chicken & Bacon €13.50

Spiced Mayo, Avocado Puree, Hot Honey, Sourdough

(1(W),3,10)

Tuna Melt €13.50

Tuna, Corn, Mustard Mayo, Lettuce, Tomato, Cheddar Cheese Rustic Ciabatta

(1(W),3,4,7,10)

Mains

Brians Homemade 8oz Beef Burger €20.95

Toasted Brioche Bun, Lettuce, Tomato, Relish, Streaky Bacon Jalapeños, Dubliner Cheese

(1(W),3,7,12)

Buttermilk Spiced Chicken Burger €20.95

Toasted Brioche Bun, Beet Slaw, Koren BBQ Sauce, Pickle Cheddar Cheese

(1(W),3,7,10,12)

Palmerstown's Battered Fish & Chips €20.95

House Tartar Sauce, Mushy Peas & Chunky Chips

(1(W),3,4,10)

Sindon's Steak Sandwich €23.00

Rustic Ciabatta, Mustard Mayo, Rocket, Caramelized Onions, Pepper Sauce

(1(W,R),3,7,10,12)

Vegetable Strudel €17.00

Crisp Filo Pastry, Baby Spinach, Tomato, Olives, Wild Mushrooms, Cashew Nuts, Red Pepper Coulis

(1(W),8(W),10,15)

Pan Roast Hake €20.95
Pearl Barley Risotto, Green Pea & Dill, Crisp Capers
(1,4,7,10)

Sides

Chips (Skinny or Chunky) (12) €4.00
Mashed Potato €4.00
Tossed Salad in House Dressing (12) €4.50
Sauteed Onions & Mushrooms (10) €5.50
Homemade Pepper Sauce (9,10) €2.50
Homemade Gravy (9,10) €2.50
Dips (3,7,9,10) €2.00
Garlic, Blue Cheese, Hot Sauce

Sweets

Warmed Rustic apple Pie €8.50
Vanilla Ice-Cream (1(W),3,7)

Sticky Toffee Pudding €8.50
Salted Caramel ice Cream (1(W),3,7)

Cheesecake of the Day €8.50
Fruit Coulis & Ice Cream (1(W),3,7)

Selection of Ice Cream €7.50
(1,3,6,7,12)

Chocolate Gateaux €8.50
Vanilla Ice Cream (1(W),3,7)

Children's Menu

Goujons & Chips (1(W),12) €9.00
Sausages & Chips (1(W),2,12) €9.00
Mini Fish & Chips (1(W),4) €10.00
4oz Cheeseburger & Chips (1(W),3,7,12) €10.00
Pan Fried Chicken Breast €10.00
Mash, Vegetables & Gravy (9,10)

Children's Dessert

Jelly & Ice Cream (7) €3.50
Kids Brownie & Ice Cream (1(W),3,7) €4.50

Allergen Information:

1=Cereals (W=Wheat O=Oat R=Rye) 2=Crustaceans 3=Eggs 4=Fish 5=Peanuts
6=Soybeans 7=Milk 8=Nuts (A=Almond P=Pecan W=Walnut) 9=Celery 10=Mustard
11=Sesame Seeds 12=Sulphur Dioxide 13=Lupins 14=Molluscs 15=Cashew Nuts